

Fall Challenge Adventure Race Gear List

All Races, Required:

Per person:

Mountain bike

Certified bike safety helmet

Per team:

Cell phone (for emergency; must be turned off through the race)

Water and Compass:

2-Hour:

Each racer must have a hydration system (Camelbak or other) or water bottle

Each team must have a compass

4-Hour and 6-Hour:

Each racer must have a hydration system (Camelbak or other)

Each racer must have a compass

All Races; Recommended:

Per person:

Long pants (for walking through underbrush and poison ivy)

Large pocket for maps and instructions

Per team:

Map case or large ziplock bag (for maps and instructions)

Watch / stopwatch with seconds display

Spare tube

Tire pump