

2017 Get Your Bearings Adventure Race

5/3/2017

Hello Get Your Bearings Racers!

Here is Race Update #2 with some last bits of information to help you prepare for Saturday...

1. Race Morning Check-in – The race will start and finish at the Hickory pavilion on the East end of Island Lake Recreation Area. Please reference the DNR's map of Island Lake Recreation Area. Each team should print a copy of this map and bring it with you. You will be able to reference and use it during your race! A downloadable map of the park can be accessed at the following webpage.
<http://www.michigandnr.com/parksandtrails/Details.aspx?id=462&type=SPRK#map-tab>
2. Passports! Again this year, instead of providing you with instructions on a piece of paper, and a separate punch paper, we have race passports. This booklet will have your instructions as well as designated spots to punch each CP (checkpoint) that you visit. This is what was used in the early days of Expedition Adventure Racing! You may want to bring a sandwich bag to keep your passport protected and dry. (Consider something like contact paper to 'waterproof' your maps before the race, or a good waterproof map case)
3. Canoe Waiver reminder – the canoe waiver is available on our website. Please complete (gray areas), sign and bring to registration with you. 4-person teams will need to complete 2 forms. 2-person teams will need to complete 1 form. The canoe waiver can also be accessed at the following webpage:
http://miadventureclub.com/wp-content/uploads/2016/05/HEAVNER_WAIVER.pdf
4. If you are bringing your own canoe/kayak paddles and life jackets, you will need to pack it/bag it for race staff to transport it for you (a garbage bag may work if it is sealed enough so that your stuff doesn't fall out). After the pre-race meeting, you will get instructions on where to put your paddle equipment. It will be transported and waiting for you at the start of the paddle section. When you finish the paddle, you will pack your personal paddle gear back up and race staff will transport and have it waiting for you at the finish. If you are using the rental paddles and life jackets, they will simply be waiting for you with the canoes.
5. Post-Race Activities – Our photographers will be coordinating your team's picture as you finish the race. Pictures will be available for online viewing in the days following the race! After everyone finishes, we'll have food and will be presenting awards to the top 3 teams of each division. Reminder - We will only have water to drink, so please bring your own electrolyte replacement, or drink of choice, to enjoy as you soak in your accomplishment.
6. Family and Friend viewing – the course this year will be very accessible for any family or friends that are interested in trying to follow you and your team through the race. Print them a copy of

the DNR map of the park. When the course is revealed to teams the morning of the race, they'll be able to easily figure out how and where to see you multiple times throughout the event.

Finally, we would like to thank a great crew of volunteers coming in to make this a great experience for you. Please let them know how much you appreciate them helping out as you work your way through the course!

Good Luck with your final preparations. Don't forget to review the website and first update posted there which includes the mandatory gear list. We're excited for the race and to see everyone out there!

Cooper & Michelle Green

Get Your Bearings Adventure Race directors

Mi Adventure Club